

The Metropolitan District of The Christian and Missionary Alliance

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## Metro District Policy and Procedures

## **Policy**

It is the desire of the Metropolitan District to have affordable counseling and/or coaching services and referrals available for its official workers and their immediate families. This is implemented through the member care unit of the LEAD team and in partnership with individual therapists, coaches and counseling centers.

## **Procedures**

When an official worker reaches out to the District for counseling and/or coaching needs, whether it be for individual, marital or family concerns, they will be directed to fill out a request form which will assist the member care unit in providing individualized next steps for the district worker. A member of the care team unit will then contact the inquirer.

Counseling/Coaching subsidies are available to all official workers, meaning a negotiated percentage between the official worker and the District may be provided. If an official worker would like the Metropolitan District to help subsidize a portion of the counseling/coaching costs, this will need to be indicated in the request form. Anyone who receives subsidized care from the Metropolitan District will need to agree to an informed consent that states expressed permission for the therapist/coach to submit general progress updates to the member care team. The District will provide a maximum number of sessions to the official worker which may be revisited, pending progress, for additional sessions.

For further inquiries, please reach out to Anson Ng (ang@metrocma.org).